

WHAT DO DIFFERENT LEVELS OF SUPERVISION LOOK LIKE?

The [Supervision Rating Scale \(SRS\)](#) is a tool used by healthcare professionals to determine how much assistance and/or supervision is recommended for a person with a brain injury to remain safe while completing daily activities. How you develop your daily and overnight routine will depend on how much supervision you or your loved one may need.

(Boake, C. (2000). The Supervision Rating Scale. *The Center for Outcome Measurement in Brain Injury*. <http://www.tbims.org/combi/srs>)

➤ **Direct Supervision at all times**

My loved one is supervised at all times and cannot be left alone for any period of time.

➤ **Indirect Supervision**

My loved one lives with one or more persons (roommate, sibling, parent, spouse, etc.), who is present at all times, but the person/caregiver is not physically in the same room or checking on their loved one more than once every 30 minutes.

➤ **Part Time Supervision**

My loved one lives with one or more persons (roommate, sibling, parent, spouse, etc.), who is present during overnight hours and during most all waking hours. This person/caregiver can be gone for 2-3 hours at a time, while their loved one is able to be left alone safely.

➤ **Overnight Supervision only**

My loved one lives with one or more persons (roommate, sibling, parent, spouse, etc.), he/she can stay at home all day alone, but still needs someone with him/her overnight.

➤ **Independent, no supervision needed**

My loved one is living alone and is responsible for all of his/her own daily needs without needing assistance from another person. However, my loved one should not take responsibility for another person i.e. a child, an elder adult, etc.