

# Being Involved



## How can you be involved in the treatment plan?

You are a very important member of the treatment team. Your ideas and input should be welcomed. Here are some ways you can help your treatment team:

- Talk daily to the nursing staff, therapy staff, and case manager if you have questions. They are all your advocates and will provide you with information so that you can be more involved with your loved one's treatment planning.
- Help them know more about the person. Tell them about his/her personality, things he/she liked to do, etc.
- Tell them about your rehabilitation goals and what you hope to learn. Be open to learning about your loved one's care and learning how to become a caregiver for them.
- Please remember you are a very important member of the rehabilitation team. Be present as much as your schedule will allow.