# **Medication Safety Tips**



# Safety is **key** with medications!!

#### It is important to remember:



- Store your medication in a cool dry place and keep out of reach of children
- o Never keep expired or discontinued medications
- Never share your medications or take medications prescribed for another person
  - Never combine multiple drugs in the same pill bottle

# How can your pharmacist or provider help you be safe?



- o If you miss a dose, contact your doctor or pharmacist for instruction
- Know your allergies
- o Inform your doctor if there is a possibility of pregnancy
- Inform your doctor of unexpected side effects
- Use medication syringe or dropper provided by the pharmacy with the product when indicated

## What you can do to be safe?



- Keep a current list of your medications.
- Keep a copy of your medications with you and posted on your refrigerator at all times.
- Try to use one pharmacy
- Do not stop taking medication just because you feel better
- Know your allergies
- Anticipate when your medications will be running out and have your prescriptions renewed as necessary

## How can you be safe when traveling?



- Keep your medications in your carry-on luggage when you travel
- Take extra medications when you travel in case your flight is delayed
- Ask your pharmacist advise before crushing or splitting tablets, as some should only be taken whole
- Keep your medications in one location